


Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>9:30 Chair Yoga exercise video</p> <p>10am-Tai Chi</p> <p>10:30 Learning Bridge/ Rummikub</p>	<p>2</p> <p>9:30 video Chair yoga</p> <p>10am-Tai Chi</p> <p>10:30 Mahjong (Chinese & American)</p> <p>10:30am Rummikub</p>	<p>3</p> <p>(Rm 1 & 2)</p> <p>9:30am Crochet & knitting Club</p> <p>10am Tai Chi</p> <p>10:30 Table games</p> <p>10:30 My Legacy Memoir</p>	<p>4</p> <p>9:30 video chair Zumba</p> <p>10am-Tai Chi</p> <p>10:30 Dominoes</p> <p>11am Crafts</p>
<p>7</p> <p>9:30am 8 pieces stretch exercise video</p> <p>10am-Tai Chi</p> <p>10:30am Rummikub</p>	<p>8</p> <p>9:30am Chair Yoga exercise video</p> <p>10am-Tai Chi</p> <p>10:30am Learning Bridge/ Rummikub</p>	<p>9</p> <p>9:30am video Chair yoga</p> <p>10am-Tai Chi</p> <p>10:30am Mahjong (Chinese & American)</p> <p>10:30am Rummikub</p>	<p>10</p> <p>(Rm 1 & 2)</p> <p>9:30am Crochet & knitting Club</p> <p>10am Tai Chi</p> <p>10:30am Table games</p> <p>10:30am My Legacy Memoir</p>	<p>11</p> <p>9:30am video chair Zumba</p> <p>10am-Tai Chi</p> <p>10:30am Dominoes</p> <p>11am Crafts</p> <p>11am Reading book club</p>
<p>14</p> <p>9:30 8 pieces stretch exercise video</p> <p>10am-Tai Chi</p> <p>10:30 Rummikub</p>	<p>15</p> <p>9:30am Chair Yoga exercise video</p> <p>10am-Tai Chi</p> <p>10:30am Learning Bridge/ Rummikub</p>	<p>16</p> <p>9:30am video Chair yoga</p> <p>10am-Tai Chi</p> <p>10:30am Mahjong (Chinese & American)</p> <p>10:30am Rummikub</p>	<p>17</p> <p>9:30am Indoor walking</p> <p>9:30am Crochet & knitting Club</p> <p>10am Tai Chi</p> <p>10:30am Table games</p> <p>10:30am My Legacy Memoir</p>	<p>18</p> <p>***Circle C Center Closed***</p>
<p>21</p> <p>9:30 8 pieces stretch exercise video</p> <p>10am-Tai Chi</p> <p>10:30 Rummikub</p>	<p>22</p> <p>9:30am Chair Yoga exercise video</p> <p>10am-Tai Chi</p> <p>10:30am Learning Bridge/ Rummikub</p>	<p>23</p> <p>9:30am video Chair yoga</p> <p>10am-Tai Chi</p> <p>10:30am Mahjong (Chinese & American)</p> <p>10:30am Rummikub</p>	<p>24</p> <p>9:30am Indoor walking</p> <p>9:30am Crochet & knitting Club</p> <p>10am Tai Chi</p> <p>10:30am Table games</p> <p>10:30am My Legacy Memoir</p>	<p>25</p> <p>9:30am video chair Zumba</p> <p>10am-Tai Chi</p> <p>10:30am Dominoes</p> <p>11am-Crafts</p>
<p>28</p> <p>9:30 8 pieces stretch exercise video</p> <p>10am-Tai Chi</p> <p>10:30 Rummikub</p>	<p>29</p> <p>9:30am Chair Yoga exercise video</p> <p>10am-Tai Chi</p> <p>10:30am Learning Bridge/ Rummikub</p>	<p>30</p> <p>9:30am video Chair yoga</p> <p>10am-Tai Chi</p> <p>10:30 Mahjong (Chinese & American)</p> <p>10:30am Rummikub</p>	<p>**Activities subject to change without notice</p>	

APRIL 2025