

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 8 pieces stretch exercise 10am-Tai Chi 10:30 Rummiku	2 9:30am Chair Yoga Video 10am 8 pieces stretch exercise 10:30am Tai Chi 10:00am Bridge 10:00am Rummikub	3 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am 8 pieces stretch exercise 10:30am Tai Chi 10:00am Rummikub	4 9:30am Crochet & Knitting Club 10am- 8 pieces stretch 10:30am-Tai Chi 10:30-Table games 10:30am My Legacy Memoir	5 9:30am Zumba Exercise Video 10am- 8 pieces stretch exercise 10:30am-Tai Chi 10:30 Dominoes	6
7	8 9:30 8 pieces stretch exercise 10am-Tai Chi 10:30 Rummiku	9 9:30am Chair Yoga Video 10am 8 pieces stretch exercise 10:30am Tai Chi 10:00am Bridge 10:00am Rummikub	10 8am-2pm FIREMAN'S LUNCHEON FIELDTRIP	11 9:30am Crochet & Knitting Club 10am 8 pieces stretch exercise 10:30am- Tai Chi 10:30- Table games 10:30am My Legacy Memoir	12 9:30am Zumba Exercise Video 10:00 8 pieces stretch exercise 10:30am- Tai Chi 10:30 Dominoes 11:00am-Reading Book Club	13
14	15 9:30 8 pieces stretch exercise 10am- Tai Chi 10am- HOLIDAY CRAFT 10:30 Rummiku	16 9:30am Chair Yoga Video 10am 8 pieces stretch exercise 10:30am Tai Chi 10:00am Bridge 10:00am-Rummikub	17 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am- 8 pieces stretch exercise 10:30am-Tai Chi 10:30 Rummikub	18 9:30am Crochet & Knitting Club 10am-8 pieces stretch exercise 10:30am-Tai Chi 10:30- Table games 10:30am My Legacy Memoir	19 9:30am Zumba Exercise Video 10am Tai Chi 10:00am HOLIDAY CELEBRATION w/WHITE ELEPHANT GIFT EXCHANGE (bring white elephant gift to class)	20
21	22 9:30 8 pieces stretch exercise 10am- Tai Chi 10:30 Rummiku	23 9:30am Chair Yoga Video 10am 8 pieces stretch exercise 10:30am Tai Chi 10:00am Bridge	24	25	26	27
<div> CLOSED FOR THE HOLIDAYS!!! MERRY CHRISTMAS & HAPPY NEW YEAR!!! (Back January 5th) </div>						