

FEBRUARY 2025



austintexas.gov/varsitygeneration

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.

Monday		Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
9:30 8 pieces stretch exercise	video	9:30 video Chair Yoga	9:30 video Chair yoga	9:30am Indoor walking	9:30 video chair Zumba
10am-T	ai Chi	10am-Tai Chi	10am-Tai Chi	9:30am Learn Crochet & knitting	10am-Tai Chi
10:30 Rummiku		10:30 Learning Bridge/ Rummikub	10:30 Mahjong (Chinese & American) 10:30am Rummiku	10am Tai Chi 10:30 Table games 10:30 My Legacy Memoir	10:30 Dominoes 11am-Crafts
	10	11	12	13	14
9:30 8 pieces stretch exercise 10am-Ta 10:30 Rum	ai Chi	9:30 Chair Yoga exercise video 10am-Tai Chi 10:30 Learning Bridge & Rummikub	9:30 video Chair yoga 10am-Tai Chi 10:30 Mahjong (Chinese & American) 10:30am Rummiku	9:30am Indoor walking 9:30am Learn Crochet & knitting 10am Tai Chi 10:30 Table games 10:30 My Legacy Memoir	****CIRCLE C CENTER CLOSED FOR RENOVATION****
	**** CIRCLE C CENTER CLOSED ALL WEEK FOR RENOVATION****				
	24	25	26	27	28
9:30 8 pieces stretch exercise video		9:30 Chair Yoga exercise video	9:30 video Chair yoga	9:30am Indoor walking	9:30 video chair Zumba
10am-Tai Chi		10am-Tai Chi	10am-Tai Chi	9:30am Learn Crochet & knitting	10am-Tai Chi
10:30 Rummiku		10:30 Learning Bridge & Rummikub	10:30 Mahjong (Chinese & American) 10:30am Rummiku	10am Tai Chi 10:30 Table games 10:30 My Legacy Memoir	10:30 Dominoes 11am Reading book club (Conference Room)

**Activities subject to change without notice