

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 8 pieces stretch exercise 10am-Tai Chi 10:30 Rummiku	3 9:30am Chair Yoga Video 10am 8 pieces stretch exercise & Tai Chi 10:00am Bridge 10:30am Rummikub	4 9:30 video Chair yoga 10am-Tai Chi 10:30am Rummiku	5 9:30am Crochet & Knitting Club 9:30am Mahjong beginners & advanced 10am- 8 pieces stretch & Tai Chi 10:00am My Legacy Memoir 10:30-Table games	6 9:30 Chair Zumba video 10am-8 pieces stretch exercise & Tai Chi 10:30 Dominoes 11am-Crafts
9 9:30 8 pieces stretch exercise 10am-Tai Chi 10:30 Rummiku	10 9:30am Chair Yoga Video 10am 8 pieces stretch exercise & Tai Chi 10:00am Bridge 10:30am Rummikub	11 9:30 video Chair yoga 10am-Tai Chi 10:30am Rummiku	12 CHINESE NEW YEAR CELEBRATION!!! Chinese Dancer will perform. 10am-12pm Please RSVP	13 9:30am Chair Zumba video 10:00am- 8 pieces stretch exercise & Tai Chi 10:30 Dominoes 11:00am-Reading Book Club
16 9:30 8 pieces stretch exercise 10am-Tai Chi 10:30 Rummiku	17 9:30am Chair Yoga Video 10am 8 pieces stretch exercise & Tai Chi 10:00am Bridge 10:30am Rummikub	18 9:30 video Chair yoga 10am-Tai Chi 10:30am Rummiku	19 9:30am Crochet & Knitting Club 9:30am Mahjong beginners & advanced 10am- 8 pieces stretch& Tai Chi 10:00am My Legacy Memoir 10:30-Table games	20 9:30 Chair Zumba video 10am-8 pieces stretch exercise & Tai Chi 10:30 Dominoes
23 9:30 8 pieces stretch exercise 10am-Tai Chi 10:30 Rummiku	24 9:30am Chair Yoga Video 10am 8 pieces stretch exercise & Tai Chi 10:00am Bridge 10:30am Rummikub	25 9:30 video Chair yoga 10am-Tai Chi 10:30am Rummiku	26 9:30am Crochet & Knitting Club 9:30am Mahjong beginners & advanced 10am- 8 pieces stretch & Tai Chi 10:00am My Legacy Memoir 10:30-Table games	27 9:30 Chair Zumba video 10am-8 piece stretch & Tai Chi 10:30 Dominoes

FEBRUARY 2026



 **Austin**
Parks and Recreation