# November 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>9:30 8 pieces stretch exercise video<br>10am Chair Yoga video<br>10:30 Rummikub | 3<br>CLOSED FOR VOTING<br> | 4<br>CLOSED FOR CONSTRUCTION | 5<br>CLOSED FOR CONSTRUCTION | 6<br>9:30am Discover our hiking trail<br>Please wear appropriate shoes<br>**There will be 2 walking groups;**<br>Beginners & Advanced<br>*Please meet in front of the building<br>*Bring Sack Luck for picnic after the walk |
| 9<br>9:30 8 pieces stretch exercise video<br>10am Chair Yoga video<br>10:30 Rummikub | 10<br>9:30am Chair Yoga Video<br>10am 8 pieces stretch exercise video<br>10:00am Bridge<br>10:30am Rummikub | 11<br>**Closed in observation of**<br>**VETERANS DAY!!!** | 12<br>9:30am Crochet & Knitting Club<br>9:30am 8 pieces stretch exercise<br>9:30am Mahjong beginners & advanced<br>9:30-Table games<br>10:00am Legacy Memoir Workshop | 13<br>9:30 Chair Zumba video<br>10am-8 pieces stretch exercise & Tai Chi video<br>10:30 Dominoes & Rummikub<br>11am-Book Club |
| 16<br>9:30 8 pieces stretch exercise video<br>10am Chair Yoga video<br>10:30 Rummikub | 17<br>9:30am Chair Yoga Video<br>10am 8 pieces stretch exercise video<br>10:00am Bridge<br>10:30am Rummikub | 18<br>9:30 Chair yoga video<br>10am-8 pieces stretch exercise video<br>10:30am Rummikub | 19<br>**10AM - THANKSGIVING CELEBRATION!!!**<br> | 20<br>9:30 Chair Zumba video<br>10am-8 pieces stretch exercise & Tai Chi video<br>10:30 Dominoes & Rummikub |
| 23<br>9:30 8 pieces stretch exercise video<br>10am Chair Yoga video<br>10:30 Rummikub | 24<br>9:30am Chair Yoga Video<br>10am 8 pieces stretch exercise video<br>10:00am Bridge<br>10:30am Rummikub | 25<br>9:30 Chair yoga video<br>10am-8 pieces stretch exercise video<br>10:30am Rummikub | 26<br>CLOSED FOR THANSKSGIVING | 27<br>CLOSED FOR THANSKSGIVING |
| 30<br>9:30 8 pieces stretch exercise video<br>10am Chair Yoga video<br>10:30 Rummikub | | | | |

Austin Parks and Recreation