

OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE		1 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am-Tai Chi 10:30 Rummikub	2 9:30am Crochet & Knitting Club 10am Tai Chi 10:30am Table games 10:30am My Legacy Memoir	3 9:30am Zumba Exercise Video 10am-Tai Chi 10:30 Dominoes
6 9:30 8 pieces stretch exercise video 10am-Tai Chi 10:30 Rummiku	7 10am MID-AUTUM /MOONCAKE FESTIVAL!!!	8 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am-Tai Chi 10:30 Rummikub	9 9:30am Crochet & Knitting Club 10am Tai Chi 10:30am Table games 10:30am My Legacy Memoir	10 9:30am Zumba Exercise Video 10am-Tai Chi 10:30 Dominoes 11am Reading Book Club
13 9:30 8 pieces stretch exercise video 10am-Tai Chi 10:30 Rummiku	14 9:30am Chair Yoga Video 10:00am Learning Bridge & Rummikub 10am-Tai Chi	15 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am-Tai Chi 10:30 Rummikub	16 9:30am Crochet & Knitting Club 10am Tai Chi 10:30am Table games 10:30am My Legacy Memoir	17 9:30am Zumba Exercise Video 10am-Tai Chi 10:30 Dominoes
20 9:30 8 pieces stretch exercise video 10am-Tai Chi 10:30 Rummiku	21 9:30am Chair Yoga Video 10:00am Learning Bridge & Rummikub 10am-Tai Chi	22 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am-Tai Chi 10:30 Rummikub	23 9:30am Crochet & Knitting Club 10am Tai Chi 10:30am Table games 10:30am My Legacy Memoir	24 9:30am Zumba Exercise Video 10am-Tai Chi 10:30 Dominoes
27 9:30 8 pieces stretch exercise video 10am-Tai Chi 10:30 Rummiku	28 9:30am Chair Yoga Video 10:00am Learning Bridge & Rummikub 10am-Tai Chi	29 9:30am Chair Yoga Video 9:30am Mahjong for beginners & advanced 10am-Tai Chi 10:30 Rummikub	30 9:30am HALLOWEEN CELEBRATION W/WHITE ELEPHANT BINGO!!! (Costume optional) 10:30am My Legacy Memoir	31 9:30am Zumba Exercise Video 10am-Tai Chi 10:30 Dominoes