

Monday	Tuesday	Wednesday	Thursday	Friday
	OCTOBER 2026		1 9:30am Crochet & Knitting Club 9:30am 8 pieces stretch exercise 9:30am Mahjong beginners & advanced 9:30-Table games NEW 6 WEEK CLASS STARTING 10:00am My Legacy Memoir	2 9:30 Chair Zumba video 10am-8 pieces stretch exercise & Tai Chi video 10:30 Dominoes & Rummikub
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