

July 2025

	9:30 Chair Yoga Exercise video 10am-Tai Chi 10:30 Learning Bridge & Rummikub	9:30am Chair Yoga Video 9:30am Mahjong 10am-Tai Chi 10:30 Rummikub	9:30am Crochet & Knitting Club 10am Tai Chi 10:30am Table games 10:30am My Legacy Memoir	INDEPENDENCE DAY!!! (Closed)
9:30am 8 Pieces Stretch Exercise Video 10am-Tai Chi 10:30 Rummikub	9:30 Chair Yoga Exercise video 10am-Tai Chi 10:30 Learning Bridge & Rummikub	9 9:30am Chair Yoga Video 9:30am Mahjong 10am-Tai Chi 10:30 Rummikub	9:30am Crochet & Knitting Club 10am Tai Chi 10:30am Table games 10:30am My Legacy Memoir	9:30am Chair Zumba Exercise Video 10am-Tai Chi 10:30 Dominoes
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