MAY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			10am-CINCO DE MAYO CELEBRATION!	9:30am Zumba Exercise Video
				10am-Tai Chi
				10:30 Dominoes
5	6	7	8	9
9:30am 8 Pieces Stretch Exercise	9:30am Chair Yoga Exercise	9:30am Chair Yoga Exercise	9:30am Crochet & Knitting Club	9:30am Zumba Exercise Video
video 10am-Tai Chi	Video 10am-Tai Chi	Video 10am-Tai Chi	10am Tai Chi	10am-Tai Chi
10:30 Rummikub	10:30 Learning Bridge/	10:30 Mahjong (Chinese &	10:30am Table Games	10:30 Dominoes
10.50 Kullillikub	Rummikub	American)	10:30am My Legacy Memoir	11am-Crafts
		10:30am Rummikub		11am Reading Book Club
12	13	14	15	16
9:30am 8 Pieces Stretch Exercise	9:30am Chair Yoga Exercise	9:30am Chair Yoga Exercise	8am-4pm Aging With Power	9:30am Zumba Exercise Video
Video	Video	Video	Conference/Field Trip	10am-Tai Chi
10am-Tai Chi	10am-Tai Chi	10am-Tai Chi	9:30am Crochet & Knitting Club	10:30 Dominoes
10:30 Rummikub	10:30 Learning Bridge/ Rummikub	10:30 Mahjong (Chinese & American)	10am Tai Chi 10:30am Table games	11am-Crafts
		10:30am Rummikub	10:30am My Legacy Memoir	
19	20	21	22	23
9:30am 8 Pieces Stretch Exercise	9:30am Chair Yoga Exercise		9:30am Crochet & Knitting Club	9:30am Zumba Exercise Video
Video	Video	9:30am Chair Yoga Exercise Video	10am Tai Chi	10am-Tai Chi
10am-Tai Chi	10am-Tai Chi	10am-Tai Chi	10:30am Table Games	10:30 Dominoes
10:30 Rummikub	10:30 Learning Bridge/ Rummikub	10:30 Mahjong (Chinese & American)	10:30am My Legacy Memoir	11am-Crafts
		10:30am Rummikub		
26	27	28	29	30
CLOSED	9:30am Chair Yoga Exercise	9:30am Chair Yoga Exercise	9:30am Crochet & Knitting Club	9:30am Zumba Exercise Video
IN OBSERVATION OF MEMORIAL	Video 10am-Tai Chi	Video	10am Tai Chi	10am-Tai Chi
DAY	10:30 Learning Bridge/	10am-Tai Chi 10:30 Mahjong (Chinese &	10:30am Table games	10:30 Dominoes
	Rummikub	American)	10:30am My Legacy Memoir	11am-Crafts
		10:30am Rummikub		