

Christmas e-Bike Safety Guide

From Your Friends at:



Got an e-Bike or electric dirt bike this Christmas? These amazing machines offer incredible power and performance at great prices. Now it's time to focus on what's next: **SAFETY GEAR**

Essential Safety Gear For e-Bikes

Helmet

A properly fitted, certified helmet is the single most effective piece of safety equipment and is the top priority. A simple bike helmet is not enough. We recommend a:

full face, DOT* approved helmet.

*Department of Transportation

Gloves

Gloves protect the hands, as instinct often leads a person to put their hands out first to break a fall.

Eye Protection

Sunglasses or protective glasses can prevent bugs, dirt, or debris from getting into their eyes, which could cause a dangerous distraction.

Safety Glass is Recommended

Knee and Elbow Pads

Just like on their peddle bikes, kids and teens are going to crash. It is not if, it is when. Proper knee and elbow pads provide crucial protection for vulnerable joints during falls and can help prevent common injuries like scrapes and bruises.

Appropriate Clothing and Footwear

Wear bright or reflective clothing, especially during low-light conditions or at night, to increase visibility to motorists. Also, Closed-toe shoes with good traction are recommended; avoid loose clothing or open-toed shoes like flip-flops.

Find Some Gear Here:



Essential e-Bike Accessories

Headlights

Being able to see is as important as being able to be seen. It gets dark early this time of year.

Brake Light/Tail Light

Letting others around you know what you are about to do is crucial for safety.